

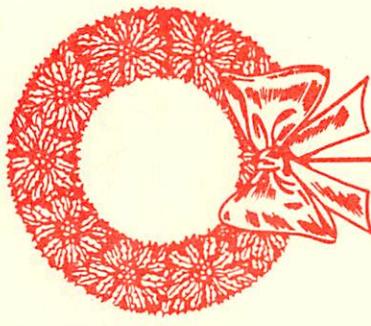
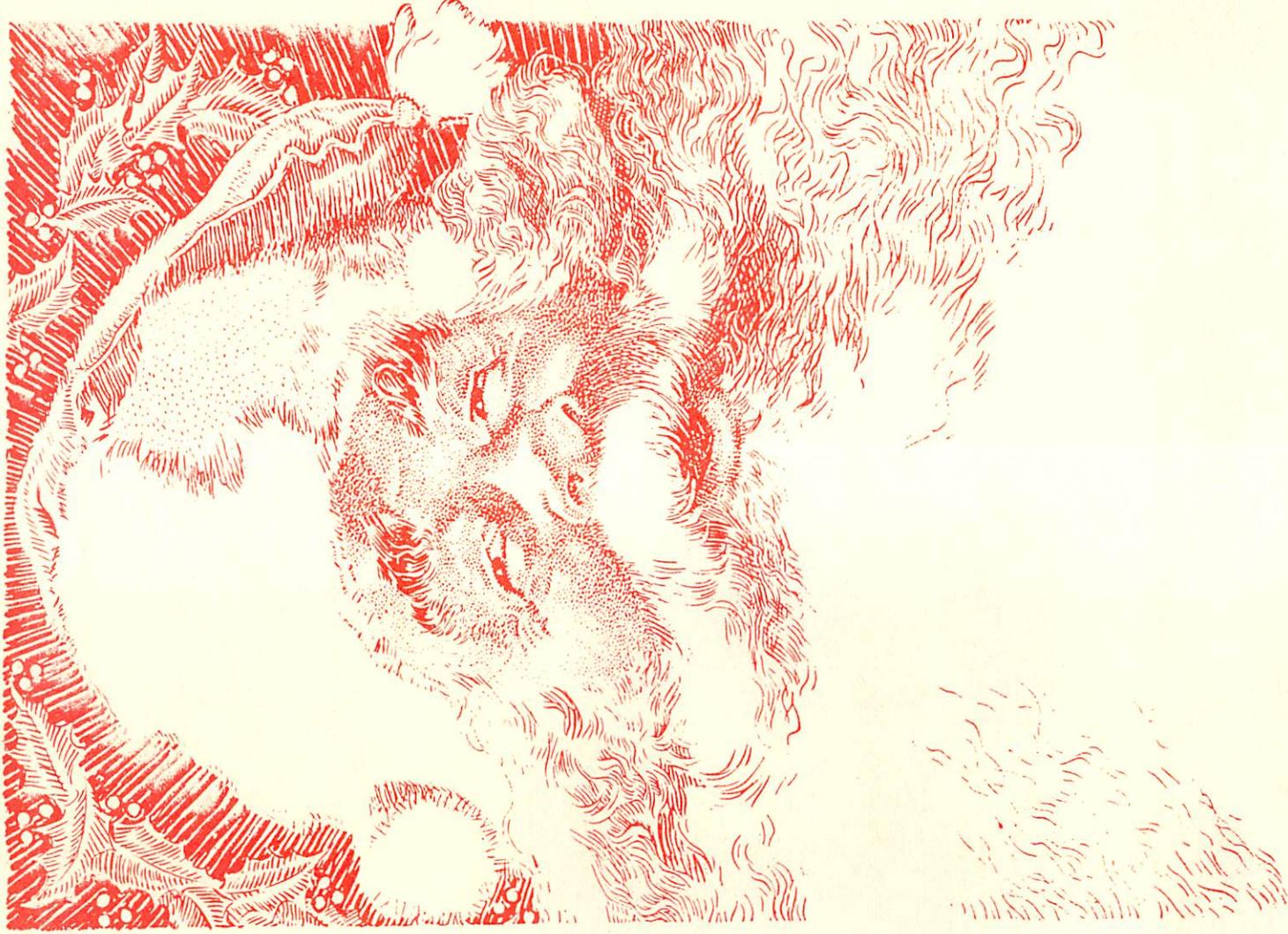
# the inside track

NEWSLETTER OF THE FORT WAYNE TRACK CLUB



FORT WAYNE  
TRACK CLUB

December 1985  
*January 1986*



Seasons  
Greetings

# FORT WAYNE TRACK CLUB Officers and Board Members 1986

JIM BUSHEY - PRESIDENT 747-3770  
 DENNY ZECH - VICE PRESIDENT 484-3473  
 ROGER WILSON - VICE PRESIDENT 485-6119  
 DON LINDLEY - TREASURER 456-8739  
 DEB GLASPER - SECRETARY 432-8134  
 CHUCK DEVAULT - RACE SCHEDULING 456-5434  
 TIM FLEMING - MEDIA CHAIRMAN 749-8027  
 RUSS SEVER - POINTS SYSTEM 493-2460  
 KEN MILLER - POINTS SYSTEM 749-5847  
 BOBBY & SHARON PAULEY - EQUIPMENT RENTAL  
 745-0925  
 TOM LOUCKS - RACE CALENDAR 622-7108  
 GARY RICKNER - LEGAL CONSULTANT 423-9551  
 RANDY LAVINE - MEMBERSHIP 493-2420  
 ANGIE SEVERS - ADVERTISING 436-1151  
 TOM WAGNER - BOARD MEMBER 485-0587  
 MIKE ROBBINS - BOARD MEMBER 485-3068  
 DAN KAUFMAN - BOARD MEMBER 485-5241  
 JOHN TRELEAVEN - BOARD MEMBER 432-5315  
 GARY HOOTEN - BOARD MEMBER 747-6888

## Don't Forget...

Don't forget the Wednesday night  
 Fun Run every Wednesday night at  
 Foster Park near the volleyball  
 courts at 6PM Sharp.

Don't forget to tune into "Munner's  
 Week" with Tim Fleming every Wednesday  
 Evening at 8PM on Channel 10

I am asking all contributors to type  
 their columns 2 and 5/8 inches wide.  
 This saves me a lot of work! If you  
 don't have a typewriter or if yours  
 isn't working up to par, send me  
 your neat handwritten copy and I'll  
 gladly type it for ya.  
 This includes all race results from  
 all race directors. THANKS!

Remaining 1985 Schedule  
 12/7/85 2:00 PM 3 & 10k  
 J.P. Jones 10k  
 Foster Park

4220 So. Clinton St.  
 Ft. Wayne, IN 46806  
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USE YOUR CHARGE-CARD!

HELLO, LET ME START THIS  
DECEMBER ISSUE WITH AN APOLOGY  
FOR THE NOVEMBER ISSUE BEING SO  
LATE. CRAFTSMAN PRINTERS IS TO  
BLAME. WE HAD THE COPY TO THEM  
BY OCTOBER 15TH. AFTER REPEATED  
CALLS, THEY FINALLY ADMITTED  
THAT OUR 700 NEWSLETTERS WERE  
NOT IMPORTANT TO THEM. I  
IMMEDIATELY CALLED BOB BALDWIN  
AT EXPRESS PRINTING AT 5201  
COLDWATER ROAD. BOB AND HIS  
CREW WORKED OVERTIME TO GET THE  
NEWSLETTER PRINTED IN LESS THAN  
THREE DAYS. EXPRESS PRINTING  
WANTS OUR WORK AND WILL TRY TO  
STAY COMPETITIVE. IF YOU HAVE  
ANY PRINTING NEEDS, CALL BOB AND  
GIVE HIM A TRY!  
NOW FOR A FEW REMINDERS OF  
IMPORTANT UPCOMING EVENTS IN THE  
LIFE OF YOUR TRACK CLUB. THE NEXT  
BOARD MEETING WILL BE HELD  
TUESDAY, DEC. 3RD, 7:00 PM AT THE  
DOWNTOWN YMCA. A FEW TOPICS OF  
DISCUSSION WILL BE;  
A. THE ANNUAL AWARDS BANQUET  
SCHEDULED FOR SATURDAY FEBRUARY  
8TH, 1986, 6:00 PM AT THE OAKS  
HALL, 1336 RYAN RD., NEW HAVEN,  
IN. OUR FEATURED SPEAKER WILL  
BE SAM BELL, THE INDIANA  
UNIVERSITY TRACK COACH. WE NEED  
TO DECIDE IF WE SHOULD CATER  
THE MAIN DISHES, WITH MEMBERS  
EACH BRINGING A SALAD OR DESERT.  
WHAT DO YOU THINK?  
B. POINTS RACES FOR 1986. DO  
WE KEEP ALL OF LAST YEARS RACES?  
ADD MORE? A COUPLE RACES HAVE  
REQUESTED TO BE ADDED TO THE  
POINTS SUCH AS CANAL DAYS 10K  
AND THE "WE ARE WINNING WEEKEND"  
5K DIRECTED BY TOM WAGNER. COME  
AND LET US KNOW IF THERE IS A  
RACE YOU THINK SHOULD BE ADDED  
OR DELETED.  
THERE WILL NOT BE A NEW  
YEARS EVE RACE AT THE YMCA AS  
PREVIOUSLY REPORTED ON THE RACE  
CALENDAR. THIS IS BECAUSE THE  
YMCA IS NOT AVAILABLE, LACK OF  
INTEREST AND NO RACE DIRECTOR.  
CONGRATULATIONS TO ANN  
JAMISON. ANN WAS 2ND IN THE  
MASTERS DIVISION AT THE CHICAGO  
MARATHON. ANN PICKED UP A NICE  
\$\$\$ PRIZE AND INTERVIEWED SOME OF

THE TOP FEMALE RUNNERS IN THE  
WORLD. WE LOOK FORWARD TO  
HEARING FROM ANN ON RUNNERS  
WEEK.  
SPEAKING OF RUNNERS WEEK,  
TIM FLEMING'S EPISODE ON THE  
CAYLOR-NICKEL 10K RACE FINISHED  
2ND IN SPORTS PRODUCED SHOWS ON  
PUBLIC TELEVISION. THIS IS FROM  
THE PHLO AWARDS AND COVERED  
SHOWS IN FOUR STATES, SOME WITH  
BUDGETS MUCH LARGER THAN TIM'S.  
SUE LONG (TIM FLEMING'S  
SISTER) HAS AGREED TO TAKE OVER  
AS CHAIRMAN OF MERCHANTISE  
SALES. SUE WAS AT THE HOME LOAN  
10K AND THE BLUSTERY 12K RACES.  
GET YOUR CHRISTMAS ORDERS IN  
EARLY AND SUPPORT YOUR TRACK  
CLUB. SUE'S DOING A THANKLESS  
JOB WHILE WE ARE OUT RUNNING...  
IF YOU MISSED THE BLUSTERY  
12K, YOU MISSED A CHANCE TO RUN A  
FUN TRACK CLUB RACE WITHOUT ALL  
THE PRESSURE OF SOME OF THE  
SUMMER RACES. ANGIE SEVERS DID  
A FINE JOB AS RACE DIRECTOR  
ADDING A UNIQUE ELEMENT TO THE  
RACE BY GIVING ALL FINISHERS AN  
AWARD AND HANDING THE AWARDS OUT  
TO THE SLOWEST RUNNERS FIRST.  
IF YOUR ONE OF THE PEOPLE WHO  
THINKS ALL THE TRACK CLUB EVENTS  
ARE FOR THE "HOT DOG" FAST  
RUNNERS, WELL YOU MISSED A FUN  
EVENT.  
ON SATURDAY DEC. 6TH AT 1:00  
PM THE J.P. JONES 10K WILL BE  
HELD AT FOSTER PARK. ALL  
RUNNERS ARE ASKED TO BRING A T-  
SHIRT TO DONATE TO CHARITY.  
COME ON OUT AND ENJOY THE  
CAMAADERIE OF THE TRACK CLUB.  
INTRODUCE YOURSELF TO ME AND LET  
ME KNOW WHAT YOU LIKE OR DISLIKE  
ABOUT THE CLUB.  
FINALLY, THE NEXT ISSUE WILL  
BE IN FEBRUARY. ALL DUES  
SHOULD BE SENT IN BY JANUARY 1,  
1986. THE NEW FEES AND  
APPLICATION FORM ARE ON THE BACK  
COVER. RÁNDY LAVINE NEEDS YOUR  
RENEWAL EARLY SO YOU CAN HAVE  
UNINTERRUPTED SERVICE IN 1986.  
ENJOY THE HOLIDAYS! SEE YOU ON  
THE ROADS TRAINING FOR THE TV 33  
MARATHON, MAY 4, 1986.

# WINDY CITY

By  
Jim Bushey



## EDITOR'S RUN

BY

JERRY MAZOCK

Well Doug, life's great and busy all at the same time.

I'm working anywhere from 50-70 hours a week at the Post Office .....And with Christmas just around the corner there appears to be no end in sight. This is great for the checkbook and not so great for my running.

Yet, I have been able to maintain a 1-mile-a-day base through this period. Let me tell you that after delivering mail all day in the rain....it IS difficult to get myself out the door to do that mile. But anyway my 6+ year streak is still intact.

With work, family and my 1 mile days ( plus doing the newsletter helter skelter the last 4 months) I really haven't much time to do anything else.

But...I'm very happy in my new line of work and I'm making due with life's other areas. (for now)

This is the last newsletter I will be doing (as the editor). I will kind of miss doing it. I've enjoyed it also. And I want to thank all the great people who contributed (yourself included). I want to invite all those who contributed to a party at my house, Wednesday, December 18th at roughly 7PM (The Wednesday nite Foster Park fun runners will

be caroling at 6PM at Foster and they will head over after they're done)

See you there!

I hope to see many of you soon. I work every Saturday and can't make it to the races. But maybe with a few Sunday runs.....?

Changing the subject for just a second-as my mind wanders nowadays-During this Xmas season, as a club we should rejoice that Phil Shafer (And his brother-in-law) is recuperating after a near-tragic accident. Our heart's go out to Phil and his wife Mary and his family during Phil's accident. Phil has always been such a great help in the club and such a good guy in general over the years,

I know we all hate for something to happen like this to such a good guy. Currently, he's at Lutheran Hospital. I think we all should drop him a line--They say that helps one to get better faster.

Right now, I'm typing my last words as Newsletter editor. At the end of this paragraph my duties will be officially through. Here's some advice I have for our great club: Let's remember our founding principals A message to my friends: Merry Christmas and hope to see you soon-kun some miles for me.

Well that's it!

HOPE YOU ENJOYED THIS STUFF!

I'm done.

October 11, 1985  
File Code: PA 8-1

General Telephone Company  
of Indiana, Inc.



Dear Team Captains:

The second GTE/River Greenway Challenge is now history. I hope each of you who participated had as much fun as I and the members of my team. I'm taking this opportunity to thank you for being part of the Challenge, to invite you back next year, and to ask for your suggestions for improvements.

Although GTE provides the major funding for the Challenge, there are many organizations such as the Track Club, Canoe Club, Bike Club, St. Joe Hospital, the Radio Operators group, the Police and Parks Departments, Coke, and many others who contributed to the success of this fine event. A special thanks goes to them and their many volunteers and to all of the GTE family of volunteers.

The purpose of the event is to call attention to the River Greenway Park as a community asset that the city and its citizens can point to with pride. Any proceeds after the bills are paid will be put into a fund for improvements or additions to the park.

We are trying to make the Challenge run as smoothly as possible. Each year we will attempt to take care of any problems that are identified. If you have any suggestions, please drop me a note for consideration by the planning committee.

Please share this letter and the results of this year's event with the members of your great team.

Sincerely,

DON A. HAYES  
State Vice President-  
General Manager

September 23, 1985

Dear Sirs:

On behalf of Canterbury Green, WMEE, Pizza Hut of Canterbury, and Budweiser, I would like to take this opportunity to extend a very gracious and warm thank you for your contribution which helped make this past Labor Day weekend a very successful one for the Muscular Dystrophy Association. It is because of companies such as yours that we were able to bring about the successful completion of the 9th Annual Muscular Dystrophy benefit.

Officially, we raised \$20,500.00 for "Jerry's Kids". This total exceeds any previous donation from this weekend. We are extremely proud of the support that we received from so many people.

The money raised this year puts our total for the years 1980 through 1985 at just over \$90,000. It is your precious donation that made this year's benefit possible. Once again, many thanks!

Sincerely,

Joseph M. Weigand  
1985 Chairman

  
Robert H. Murray  
Canterbury Green Apartments

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## Holiday Eating-Part II

by Judy Tillapaugh R.D.  
St. Joseph's Hospital

---

The holiday season is here! A time to share gifts of love with family, friends, and those in need. It's a heart warming season one and all can enjoy. Each of us has a unique way of celebrating. No one way is right or wrong. What's important is passing on that spark of joy, hope, and fellowship to those around you. Happy Holiday's to everyone. Be of good cheer.

Holiday love can be expressed in so many ways -cards, gifts, hugs, smiles, etc... The list is endless. Food usually takes a strong part in celebrations. People spend days planning appealing meals. Every year brings back traditional holiday dishes. Part of the fun is doing all the pre-planning and prep work. I remember being mom's helper as a little girl. We'd have a reputation of fixing a grand assortment of holiday breads, rolls, cookies, candies, and pies. Mom had recipes from her great-grandmothers

collections-Holiday baking-a goodness and a tradition that no one can resist. One might say holiday's are not complete without a treat.

As we imagine the treat choices, the mouth waters. An athlete would be satisfied to know that most breads, and desserts all contain certain nutrients our muscles are fueled with. They are loaded with carbohydrates. The problem is they are also packed with Simple Sugars and fat calories. When the temptations are many, self control easily melts away. One treat bite becomes a hundred and waist lines easily expand. Another problem is that high fat foods are not as efficiently burned for exercise energy as high carbohydrate foods are.

Many times recipes can be changed to create a more fit product. By using recipe modification techniques, traditional holiday treats can be enjoyed with a calorie and fat savings. Your training meals won't

## WHAT IS SPORTS DENTISTRY?

A Three Part Series By

Dr. Gregory A. Ladd

Practicing Dentist in  
Fort Wayne, Indiana

There are two phases of sports dentistry: the protection of dental structures- the teeth, lips, tongue, jaw, head and neck during an athletic event; and physiological sports dentistry- the enhancement of athletic performance through proper diagnosis, evaluation and correction of any dental problem. Dentistry has progressed from a tooth-oriented profession to one in which the whole body is taken into account.

Physiological sports dentistry is an extension of this growth in the dental profession.

The bite and facial complex do many things for a person. In man, the jaw joints seem to act as the center of body balance. In order to keep the skull upright on the meager two legged support system, the center of balance moved from the mid-body to the head area.

The head weighs nine to 14 pounds, yet is only balanced on seven neck vertebrae. This balance is maintained by the lower jaw and its muscles acting as a counter-weight for the rest of the skull.

The bite affects the body through the nervous system, which is the key link between body and

mind. The dental area is rich in neurological tissue. Nerves, which carry feedback to the brain are the electrical controls coordinating the body. Neurologists, Dr. Penfield and Dr. Rasmussen, have shown that 50 percent of the area of sensory control in the brain is devoted to the dental apparatus. Sensory feedback is how we interact with our environment. In sports there is constant interaction.

During stress, the body's automatic pilot is disrupted. God, the number One designer in the world, built into us a voluntary nervous system and an involuntary nervous system.

Facial muscles tense to get the body ready to respond to stimuli; this is the bracing mechanism. The first muscle movement is balancing the head. This is done by bracing the teeth together or biting the lips or tongue. If the dental apparatus is skeletally correct, the person will be ready; but if it is not, he may be weakened due to the loss of balance in the bracing mechanism.

Sporting events and performance are just as much mental as physical. Where do we show our emotions other than on our face? This sets up a complex reflex and deals with the part of the brain called the limbic system, which controls our emotions.

The physical part of emotions have to do with

the teeth, facial bone and facial muscles. If the skeletal system of these are not right, it stands to reason that a person's emotions might not be right or registrate correctly in the brain.

Momentum is constantly being discussed on television and in sporting events. Momentum is a build up of positive emotions. A person with perfect structure and nerve pattern will have more and higher emotions than one with a less than perfect structure.

Sports dentistry is like sports medicine is 25 years ago; only a handful of dentists are interested in it now. Dentists, as a group, have not yet taken a stand on the physiological aspects of what dentistry can do. We need more research done and papers published.

Physicians have filled a need with the development of sports medicine. We live in a culture where sports play an important role, and in many sporting activities, the difference between winning and losing is a very close margin. Any technology which may substantially increase muscular strength or endurance will be quickly disseminated throughout our society, once that technology has been verified.

\*\*\*



be completely interrupted when nutritious goodies are used. Their OK as a part of a balanced diet. If you are running regularly you can afford them. What I'd like to do is suggest recipe adjustments to make over sweetened and fat dishes more healthy.

Happy Eating!

In baking:

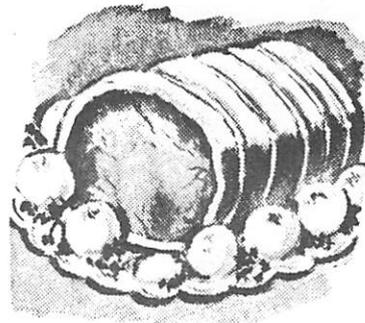
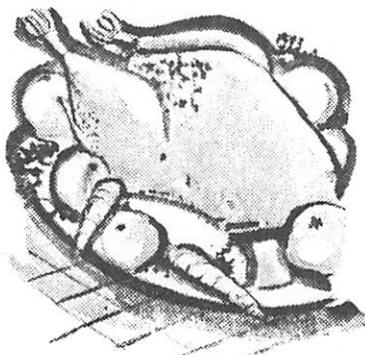
\*Substitute  $\frac{1}{4}$  cup mashed fruit or fruit juice plus a  $\frac{1}{4}$  cup of butter or oil for  $\frac{1}{2}$  cup shortening.

\*If recipes call for 2 eggs, substitute 1 whole egg and 2 egg whites (or  $\frac{1}{4}$  cup egg substitute). Amount of cholesterol is cut in half.

\*Coat baking pans with low cal, non stick, cooking spray.

\*Use no more than  $\frac{1}{4}$  cup sugar per 1 cup flour or try reducing sugar source by  $\frac{1}{3}$  to  $\frac{1}{2}$  what recipe calls for.

\*Limit fat amount to 1 to 2 tbsp per cup of flour or use  $\frac{1}{3}$  the amount of fat called for.



\*For extra fiber, vitamins and minerals use whole wheat flour, wheat/or oat bran, wheat germ, or oat/wheat flakes.

<u>Instead of</u>	<u>Use</u>
Whole milk 1c 150cals	Skim milk 1c 80cals
4% fat cottage cheese $\frac{1}{2}$ c 120cals	1% fat cottage cheese $\frac{1}{2}$ c 80cals
Cheddar cheese 1oz 115cals	Mozzarella part skim 1oz 70cals
Cream 1 tbsp 30cals	Evp.Sk. milk 1 tbsp 12cals
Sour cream 1 tbsp 25cals	Mock sour cream 1 tbsp 10cals
Vanilla icecream $\frac{1}{2}$ c 140cals	Ice Milk $\frac{1}{2}$ c 100cals
Butter/ margarine 1 tsp 45cals	Low sugar jam 1 tsp 10cals
Walnuts chopped 1c 785	Raisins 1c 450cals
Cranberry sauce $\frac{1}{2}$ c 209cals	Fresh cooked cranberries with sugar substitute $\frac{1}{2}$ c 30cals

## Recipe of the Month

### Apricotettes

Combine and heat for 10 minutes, cool.

½c Diced apricots

½c Raisins

½c Chopped dates

6oz Frozen O.J. concentrate

Combine till well blended.

1½c oats

1c wheat flour

1 tsp soda

salt dash

1 egg or ¼c egg substitute

¼c vegetable oil

¼c Sunflower seeds

or use

¼c chopped nuts

¼c Skim milk

Add fruits to flour batter-mix. Drop by the spoonful on baking sheet (coated with a non-stick spray). Bake Apricotettes 5 - 10 minutes in a 350 f oven.

### Mock Sour Cream

1 - 1½c low fat cottage cheese (1% fat)

½c skim milk

1 tbsp lemon juice

¼ tsp onion powder, optional.

Mix all ingredients in a blender until smooth and creamy. Chill. Calories 10/serving. Serving size 1 tbsp.



### WHAT EVER HAPPENED TO . . . by Doug Sundling

You live enough and you begin to experience that phenomenon known as, "What ever happened to so-&-so?"

There are people you come to know because both of you are always at the same functions or events, like Fort Wayne Track Club events and local road races. And sometimes, these people just disappear from the scene, and you wonder, "What ever happened to so-&-so?"

Live enough more after that, and you begin to experience another phenomenon of, "It's a small world, isn't it?", when you find out what happened to so-&-so from a totally unexpected source.

February of 1984, the Winterfest 5-Mile Run at Foster Park, was the last time I saw Tim Bowman. I knew he would be leaving to accept an assistant track coach position in the South Bend area for the

upcoming track season, but since then, I always wondered what had ever happened to Tim. Till this Septemeber of 1985.

Remember Tim Bowman?

He resembled an inverted pyramid. He looked like he would have been more comfortable playing a linebacker position than running his 140-mile per week workouts. Workouts of 140 miles a week? Bill Rodgers, ok; a misplaced linebacker?

"I want to run a sub-2:30 marathon, and then try to qualify for the Olympic trials with a 2:20," was the reason he gave, typical of the endless optimism he had in his running.

Maybe he didn't play linebacker, but 140-miles a week reveals a slight bent toward a sadistic attitude. Yet he never pushed that attitude upon anybody, although I sometimes wondered what really lurked behind that big grin he always had on his face. I mean, 140-miles a week? I thought I did

some stupid things in my training schedule.

At the starting area of races, the crowd of runners would be bouncing about, going through the usual motions of anxiousness, and shaking out the limbs, but I can still remember seeing Tim's wide smile, like the Cheshire cat of Alice in Wonderland, just above all the runners' heads. It didn't seem right: what's this guy smiling about?

He would always set a goal to finish a race at a time requiring a pace he probably wasn't capable of running, yet he repeatedly would start every race with the same strategy. There were races where he had indicated the pace he wanted to run was the same pace I wanted to run. We would start out together, but after a mile or a couple of miles, Tim would begin to fade back and I didn't see him again till the finish.

But that kind of running never seemed to diminish his desire to try the same strategy again the next race.

After February of 1984, Tim moved away from the Fort Wayne area, and I never saw or heard of him again.

Until September of this year.

I moved down to Ball State University to be an instructor for the academic year. In my first class of freshman students, I noticed what I knew was a familiar face, but I couldn't place it. Sometimes I space things, and I didn't make the connection of this student's last name with the familiar face.

The next day, I passed this student in the hallway, and then it clicked. Bowman! No wonder that face looks familiar. So I asked the student in class an hour later if he knew Tim Bowman.

"Yea, he's my brother."

"Where's the crazy dude at now-a-days?" I asked.

"He's somewhere in Tennessee."

"Somewhere?" I queried.

"University of Tennessee, I

think. I've got his address if you want it."

So I wrote Tim to see how his journey in life was going.

Tim wrote back and explained that he had enlisted in the Army 1 1/2 years ago because "unemployment had gotten the best of me." Trained as a Cardiac Specialist, he has spent time at 5 posts in South Carolina, Texas, New Jersey, at Fort Dix, and at Presidio of San Francisco where he served as an assistant track & field coach for the Army.

He became involved in a program that took him off active duty after 13 1/2 months, and he is presently helping with the cross country and track & field programs at the University of Tennessee. According to his note, his function is the "Academic Counselor" (Tutor).

He assesses his situation as such: "The U of TN is great. I love it here."

He signed off with, "Tell everyone Hi!"

If you are ever down in Knoxville to run the Great Smokey Mountains Marathon, don't be surprised to see above all the runners' heads at the starting line a familiar Chesire cat grin.

Jerry,

If it is possible, I think Tim would appreciate receiving December's issue of Inside Track. His address is:

Tim Bowman  
School of HPER  
University of Tennessee  
Knoxville, TN

37996-2700.

As a personal note, and one you can print if you wish, thanks for the efforts and encouragement you have offered to the newsletter and to me as a writer over the last two years. I hope life continues to be rewarding for you with your new responsibilities and goals.

Take care and stay healthy,

\* DENOTES FEMALE

HOMESTEAD  
RESULTS OF THE BLUSTERY 12  
11/16/85 - 1 PM.

NAME	AGE	TIME	CLUB MEMBER
1. JERRY WILLIAMS	25	40:59	YES
2. DOUG SUNDLING	30	41:47	YES
3. DAN KAUFMAN	34	42:30	YES
4. RICK VORICK	35	42:36	NO
5. CRAIG CHARKS	31	43:00	NO
6. CALVIN KING	29	44:04	YES
7. GARY DEXHEIMER	35	44:07	YES
8. MIKE ROBBINS	37	44:10	YES
9. JOHN TRELEAVEN	33	44:15	YES
10. ROGER WILSON	37	44:31	YES
11. JAMES MORNINGSTAR	35	44:42	NO
12. STEVE SMITH	28	45:14	YES
13. DAVE RUETSCHILLING	30	45:40	YES
14. TONY GATTON	29	46:03	YES
15. JIM BUSHEY	27	46:17	YES
16. JERRY PERKINS	45	46:39	YES
17. PAUL SHAFFER	27	47:07	YES
18. BERNIE MOTYKA	43	47:36	YES
19. LARRY NEISWENER	34	47:47	NO
20. JACK DYER	44	47:54	YES
21. GARY RICKNER	36	48:17	YES
22. DENNIS HUDSON	41	48:55	YES
23. LARRY MORNINGSTAR	41	49:09	NO
24. LARRY AVERBACK	45	49:18	YES
25. PHIL RIZZO	33	49:30	YES
26. TOM REHRER	34	49:32	NO
* 27. JUDY TILLAPAVGH	26	49:33	YES

28.	RANDY WILLIAMS	36	49:36	YES
29.	RUSS SUEVER	37	50:05	YES
30.	DAVID BOYLAN	43	50:07	YES
31.	PAUL HISER	41	50:19	NO
32.	MARK BRATTOLI	30	50:30	YES
33.	DAVE WINTERS	35	50:35	YES
34.	GENE GRAN	54	50:39	YES
35.	DENNIS ZECH	31	50:54	YES
36.	PHIL WISNIEWSKI	37	50:56	YES
37.	RAY SOBREL	48	51:05	YES
38.	CLEM GETTY	60	51:05	YES
39.	JOE ZIEGLER	49	51:32	YES
40.	BERNIE BURGETTE	42	51:34	YES
41.	STEVE ADKISON	41	51:52	YES
42.	JAMES SMITH	36	51:55	NO
43.	TOM FELGER	46	52:03	YES
44.	TIM ZUMBAUGH	33	52:33	NO
45.	ROBERT LYNCH	41	52:41	NO
46.	HARPER PECK	28	52:50	YES
47.	AL HENKEL	36	52:56	YES
48.	DON ASHTON	44	53:08	YES
49.	BOB GEBFERT	37	53:46	YES
50.	JOHN SHEDRON	32	53:48	YES
51.	DAVE REICHWAGE	39	53:49	YES
52.	TOM ARCHBOLD	35	53:53	YES
* 53.	LINDA CONRAD	23	54:09	YES
54.	STEVE GOLDWAITE	37	54:09	YES
55.	MICHAEL STERRIK	38	55:06	NO

NO	55:28	51	50.	MARVIN JARVIS	
NO	55:30	28	57.	SARAH FULLINS	*
YES	55:42	36	58.	LEE PEARSON	
YES	55:51	32	59.	MICHAEL CALAHAN	
YES	56:08	41	60.	DAVID WALDROP	
YES	56:13	31	61.	JOYCE WALTERS	*
YES	57:37	52	62.	TERRY GAUTSCH	
YES	57:44	27	63.	SHARON GETTY	*
YES	58:02	43	64.	JOHN CALICOTTE	
NO	58:08	24	65.	JOHN CAPE	
YES	58:29	45	66.	JOHN RASMUSSEN	
YES	58:38	41	67.	DEAN CUTSHALL	
NO	58:42	25	68.	ANNE GUNNINGHAM	*
YES	59:25	24	69.	BETTY <sup>DE</sup> WELLS	
YES	59:26	47	70.	JOSEPH BROOKS	
YES	59:55	48	71.	JAY BROWER	
YES	1:00:07	41	72.	ROSEANN SIMMONS	*
YES	1:00:42	29	73.	LYN HANDLIN	*
YES	1:00:43	55	74.	KING SULLIVAN	
NO	1:00:52	40	75.	GREG SKENE	
YES	1:01:33	20	76.	KARON VACHON	*
NO	1:02:36	17	77.	JEFF McCULLOUGH	
NO	1:02:37	14	78.	JIM MARGACH	
NO	1:02:37	14	79.	MARK HINDENLANG	
YES	1:03:33	33	80.	RICHARD MASON	
YES	1:04:22	57	81.	PAUL SNYDER	
YES	1:05:44	54	82.	GENE STRIGGLE	
YES	1:05:53	47	83.	BARB O'NEIL	

* 84.	SIEGLINDE RICHARDSON	40	1:06:23	YES
85.	RANDY LAVINE	33	1:06:40	YES
86.	RON HEIMBERGER	38	1:08:54	YES
* 87.	LORRAINE FOX	24	1:11:23	NO
88.	ROGER PHILLIPS	57	1:12:27	YES
89.	JACK O'NEIL	60	1:14:15	YES
* 90.	SARAH KLEINKNIGHT	42	1:17:04	YES
* 91.	BONNIE TAYLOR	48	1:17:21	YES
* 92.	DORIS SNYDER	52	1:31:03	YES

I'D LIKE TO THANK ALL THE VOLUNTEERS WHO CAME OUT ON SUCH A COLD & BLUSTERY DAY TO HELP - MARY TOMAN & DIANE BARAN, BOB KNAPP, SHARON & BOB PAULEY, DON LINDLEY, J.P. JONES AND MY DARLING HUSBAND WHO RODE HIS BIKE IN THE RAIN AND COLD TO MEASURE THE NEW COURSE. AND THANKS OF COURSE TO ALL 93 RUNNERS WHO MADE MY FIRST DIRECTING EXPERIENCE FEEL LIKE A SUCCESS. RUNNERS REALLY ARE THE VERY NICEST PEOPLE!

DAMIAN →  
TOSKOS,

## GTE RIVER GREENWAY CHALLENGE

9-9-1985

Team No.	Age Avg.	Names		Run	Bike	Canoe	Total	Place
1	39	T. Loucks C. South	J. Brower D. Held	31:23 (1)	47:59	1:07:59	2:27:21	2
2	25	D. Nlezgodski G. Kime	M. Riordan C. South	46:06 (65)	1:01:22	1:24:08	3:22:38	58
3	30	M. Jinks T. Sherlock	M. Peelman S. Wilson	55:05 (79)	1:03:35	1:48:59	3:47:39	75
4	29	J. Ellert M. Mendez	D. Childs R. Hower	38:16 (24)	53:10	1:20:49	3:01:15	28
5	30	J. Williams R. Hughes	B. James T. Hughes	39:49 (34)	1:04:59	1:13:06	2:57:54	22
6	30	J. Taylor S. Hrynewycx	T. Weybright D. Miller	45:37 (62)	1:15:05	1:15:30	3:16:12	47
7	32	L. Armstrong B. Atkinson	J. Anspach W. Nelson	39:12 (31)	57:03	1:29:16	3:15:51	46
8	32	D. Hohenberger L. Vollmer	T. Case T. Switzer	39:09 (30)	1:02:11	1:17:11	2:58:31	24
9	34	B. Elliot R. Dorden	J. Gillissen M. Graves	32:33 (3)	56:54	1:06:12	2:35:39	3
10	34	K. Hendricks J. Simpson	G. Wright K. Hendricks	46:02 (64)	59:38	1:39:22	3:25:02	61
11	35	J. Stafford M. McManus	R. Bokern, Jr. C. Jackson	37:19 (20)	56:14	1:22:55	3:02:28	30
12	35	H. Klinger	J. Richardson	40:41 (39)	1:06:40	1:33:16	3:20:37	56
13	35	P. Bauman K. Strothman	J. Brooks R. Strothman	38:20 (25)	1:04:12	1:47:46	3:29:18	66
14	36	M. Pressler B. Staley	H. Legg D. McKee	46:23 (66)	58:55	1:14:23	2:58:41	25
15	37	R. Wurst J. Farrell	B. Kotchey F. Slyford	42:41 (49)	1:03:54	1:39:43	3:26:18	64
16	39	L. Krandell L. Hartmann	G. Suhr	49:26 (71)	57:57	1:48:36	3:35:59	71
17	40	A. Best D. Wolff	T. Deninger W. Sarzynski	40:27 (38)	59:13	1:35:38	3:15:18	45
18	40	L. Voyles R. Stimson	G. Ream D. Hayes	46:35 (69)	1:02:27	1:28:40	3:17:42	49
19	42	N. Schief E. Bobay	R. Schief J. Fecher	41:24 (45)	54:07	1:20:28	2:55:59	19
20	43	M. Durdella B. Carter	D. Gerber D. Sporleder	43:21 (51)	57:17	1:17:05	2:57:43	21
21	46	H. Chandler J. Freimuth	J. Ziegler J. Berger	44:48 (58)	1:00:23	1:38:50	3:23:01	60
22	47	M. Kast M. Wyall	J. Seely J. Ratajczak	39:17 (32)	59:25	1:34:12	3:12:54	44
23	36	L. Larkin R. White	E. Ayo B. Zellers	42:18 (48)	57:26	1:11:52	2:50:36	14
24	26	R. Myers G. Rhoton	R. Bonewit M. Bennett	35:52 (12)	54:38	1:25:22	2:55:52	18
25	23	S. Miller C. Brown	S. Hammer S. Mann	34:25 (6)	56:11	1:14:56	2:45:32	11
26	36	S. Fairchild G. Kiracofe	M. Leamon L. Vosmeier	46:01 (63)	1:03:35	1:27:06	3:16:42	48
27	32	J. Alvarez L. Pray	J. Butler J. May	57:23 (80)	1:13:03	1:23:23	3:33:49	70
28	37	L. Sauter M. Butler	T. Ream F. Fisher	51:45 (77)	1:09:54	1:18:18	3:19:57	53
29	52	F. Quinn W. Gleason	J. Muller D. Hill	46:31 (67)	51:20	1:12:28	2:49:19	13
30	25	H. Peck M. Bauer	R. Hale B. Peck	40:53 (40)	58:52	1:28:19	3:08:04	38
31	62	R. Shovlin B. Tindall	G. DeVault R. Huhn	1:01:09 (82)	1:12:32	1:41:53	3:55:34	76
32	35	L. Hookstra D. Gilbert	J. Stephansky R. Russell	31:31 (2)	48:01	1:07:15	2:26:47	1
33	26	J. Barnes T. Barnes	J. Bryan C. Blackburn	39:18 (33)	1:16:03	1:41:10	3:36:31	72
34	29	A. Placencia T. Wiley	M. Krauskopf B. Jackson	34:45 (9)	51:40	1:10:46	2:37:11	5
35	26	M. Budzyna	T. Greska	50:31 (74)	1:10:19	2:10:12	4:10:52	81
36	28	K. Graham B. Murphy	T. McKamey D. Walker	36:48 (16)	1:00:57	1:02:49	2:40:34	7

Team No.	Age Avg.	Names		Run	Bike	Canoe	Total	Place
37	37	D. Smith	J. Noble	37:47 (21)	56:57	1:25:34	3:00:18	27
		J. Baker	K. Pomroy					
38	18	M. Martin	R. Freds	46:32 (68)	1:00:49	1:19:42	3:07:03	36
		D. Kidney	E. Dowell					
39	31	T. Gattton	M. Glasper	38:38 (27)	53:27	1:27:41	2:59:36	26
		T. Roberts	D. Davis					
40	41	C. Adams	L. Lengel	42:42 (50)	1:21:08	1:18:19	3:21:09	57
		T. Majewski	G. Benson					
41	31	R. Plakenhorn	D. Diebold	40:26 (37)	53:11	1:02:24	2:36:01	4
42		T. O'Connell	J. Stemem	41:18 (44)	58:33	1:29:41	3:09:32	39
		C. Hire	J. Koontz					
90	27	L. Bennett	A. Severs	45:36 (61)	1:00:20	1:34:34	3:20:30	55
		S. Thomas	C. Brower					
91	33	C. Lonergan	K. Stachowski	50:31 (75)	58:57	1:40:18	3:29:46	67
		K. Weiss	M. McElhanev					

Corporate

Team No.	Age Avg.	Names		Run	Bike	Canoe	Total	Place
111	30	R. Schendel	S. Caswell	36:02 (13)	52:57	1:12:06	2:41:05	8
		P. Rizzo	G. Ianucilli					
112	26	T. Coonan	S. Weingartner	36:56 (18)	52:33	1:26:09	2:55:38	17
		B. Dafforn	J. Erickson					
113	35	B. Bouton	R. Gashorn	38:23 (26)	52:38	1:10:06	2:41:07	9
		J. Clark	S. Ramp					
114	34	D. Kaufman	J. Abbott	34:14 (5)	57:18	1:33:18	3:04:50	34
		M. Richardville	A. Bradley					
115	36	J. Treleaven	R. Heimburger	36:22 (14)	57:06	1:29:29	3:02:57	31
		T. Shipley						
116	33	J. Beeson	G. Jered	41:51 (46)	58:22	1:40:16	3:20:29	54
		G. Baker	R. Stephens					
117	27	G. Reynolds	M. Reynolds	40:54 (41)	1:13:04	2:03:51	3:57:49	78
		S. Austin	B. Day					
118	31	S. Sherburne	D. Glasper	43:29 (52)	1:00:44	1:35:34	3:19:47	52
		G. Mast	B. Rinearson					
119	29	T. Wilkins	J. Schatko	36:49 (17)	1:08:35	1:25:44	3:11:18	40
		R. Zach	M. Osborne					
120	34	B. Crosley	M. Piekarski	34:56 (10)	1:01:20	1:31:27	3:07:43	37
		G. Borcharding	A. Pillman					
121	34	J. Hamilton	J. Pickerman	40:14 (35)	57:41	1:20:28	2:58:23	23
		M. Claphan	R. Borkowski					
122	28	D. Suffel	P. Rosebrock	36:46 (15)	59:07	1:27:53	2:53:46	16
		M. Gross	M. Johnson					
123	35	M. Kelley	D. Hentz	44:32 (57)	1:29:32	1:50:30	4:04:34	79
		T. Glover	K. Tracy					
124	34	D. Ormsby	M. Hauser	49:59 (72)	1:00:14	1:52:39	3:31:52	68
		R. Sanders	L. Mosier					
125	34	D. Greulich	R. Berning	43:40 (53)	1:04:50	2:10:42	3:18:12	50
		M. Utterback	B. Greulich					
126	26	A. Kyle	J. Bartels	35:43 (11)	56:33	1:31:26	3:03:42	33
		B. Friddle	J. Green, Jr.					
127	29	D. Stonebraker	P. Hermann	41:00 (43)	1:04:56	1:33:37	3:19:33	51
		G. Dager	N. Forbing					
128	30	M. Smith	T. Gick	45:35 (60)	1:10:00	1:30:23	3:25:58	63
		T. Koch	A. Pontius					
129	32	C. Sealize	J. Collins	34:38 (7)	57:40	1:06:43	2:39:01	6
		T. Sawtell	B. Benton					
130	37	D. Deimling	R. Forrester	34:42 (8)	59:08	1:28:14	3:01:04	29
		C. Brames	D. Rustschilling					
131		S. Olive	B. Hostetler	33:31 (4)	1:01:19	1:10:36	2:45:26	10
		D. Myers	S. Reed					
132		No Show						
133				44:07 (55)	1:06:17	1:38:09	3:28:33	65
190	33	J. Wilke	S. Craven	1:00:17 (81)	1:02:13	1:54:40	3:57:10	77
		S. Thompson	E. Short					
191	36	J. Weller	S. Garing	50:09 (73)	1:18:31	2:05:42	4:14:22	82
		J. Motycka	J. Brechill					
192	49	J. Leffers	M. DeVault	1:02:03 (85)	1:31:48	2:14:26	4:48:17	85
		S. Rigdon	M. Moulton					

<u>Team No.</u>	<u>Age Avg.</u>	<u>Names</u>	<u>Run</u>	<u>Bike</u>	<u>Canoe</u>	<u>Total</u>	<u>Place</u>
Iron							
Persons							
200		No Show					
201	62	T. Curtis	1:01:21 (83)	1:26:08	1:59:56	4:27:25	84
202	37	D. Mann	48:08 (70)	1:05:32	1:29:06	3:22:46	59
203	52	R. Gilbert	50:32 (76)	1:08:39	1:34:28	3:33:39	69
204	43	J. Ingleman	45:33 (59)	1:05:07	1:31:58	3:22:38	58
205	36	M. Prante	1:01:42 (84)	1:37:57	1:46:16	4:25:55	83
206	30	J. Stark	40:19 (36)	53:41	1:17:09	2:51:09	15
Iron							
Persons							
			<i>6m</i>	<i>18m</i>	<i>8m</i>		
	<u>Age Avg.</u>	<u>Names</u>	<u>Run</u>	<u>Bike</u>	<u>Canoe</u>	<u>Total</u>	<u>Place</u>
207		No Show					
208		T. Faulkner	42:12 (47)	56:16	1:28:25	2:56:53	20
209	53	B. Shobe	51:49 (78)	1:15:24	1:39:09	3:46:22	74
210	39	D. Reichwage	40:55 (42)	59:16	1:32:32	3:12:43	43
211	40	P. Buckley	39:03 (29)	54:34	1:12:40	2:46:17	12
212	37	T. Hutchins	38:44 (28)	58:51	1:27:51	3:05:26	35
213	22	P. McCord	38:08 (23)	59:07	1:47:58	3:25:06	62
214	41	D. Lindley	37:05 (19)	1:05:57	1:57:17	3:40:19	73
215		J. Hadley	43:47 (54)	1:07:17	2:16:23	4:07:27	80
216		No Show					
217	22	T. Eagan	38:01 (22)	56:12	1:38:19	3:12:32	42
290	32	B. Gordon	44:15 (56)	1:01:51	1:17:08	3:03:14	32

Paul McCord, an Ironman participant, gave his running shoes (blue and silver New Balance, new) to a female in Ironperson run/bike exchange area. If you or someone you know has any information (or the shoes) please get in contact with Paul or his family.

Paul McCord  
 3307 Casselwood Drive  
 Fort Wayne, IN 46816

(219) 447-4091

PLEASE ASK YOUR TEAM MEMBERS!



FINAL POINTS STANDINGS

The final race of the 1985 season has been run. Attached are the final points standings including all 13 points races. A couple of items of explanation:

- If a runner ran more than 10 races, only the top 10 finishes, in terms of pts, were used.
- A minimum of 8 races was used in calculating the final average points.
- The final average points were determined by the age of the runner as of June 30, 1985.

It you have a question on the points, how they were computed, the number of races, age-group categories, etc., please contact Ken Miller or Russ Suver as early as possible. We will be using these results, unless amended, to determine age group awards for the awards banquet. As always, if you have suggestions for improving or changing the points system in any way, we'd be happy to hear from you.

OVERALL STANDINGS

NAME # AVE # PTS RC

MILLAPALGH, JUDY	8	F	20	0.9747
CONRAD, LINDA	8	F	20	0.8403
SCHMIDT, MARSHA	9	F	30	0.8375
GETTY, SHARON	10	F	20	0.8226
HANDLIN, LYN	8	F	20	0.8122
STIMONS, ROSEANN	10	F	40	0.7807
JAMISON, ANN	6	F	40	0.7321
WOLTERS, JOYCE	6	F	30	0.6784
SARRACK, CYNTHIA	7	F	20	0.6219
DEWELLS, BETTY	10	F	20	0.6185

OVERALL STANDINGS

NAME # AVE # PTS RC

SANTLING, DOUG	10	M	30	0.9871
WILLIAMS, JERRY	8	M	25	0.9811
WALLEN, RICK	8	M	25	0.9451
ROPER, MIKE	8	M	35	0.9291
RELEAVAN, JOHN	10	M	30	0.9279
WILSON, ROGER	10	M	30	0.9232
OLLER, TERRY	10	M	25	0.9216
SCHENDEL, BOB	10	M	25	0.8927
KING, KENNETH	10	M	25	0.8918
PERKINS, JERRY	8	M	45	0.8439
SMITH, STEVE	8	M	25	0.8428
SHAFFER, PAUL	8	M	25	0.8427
REITER, DAVE	10	M	20	0.8427
KAFMAN, DAN	7	M	30	0.8352
COONAN, TERRY	10	M	30	0.8252
MOTYKA, RENEJE	9	M	40	0.8200
LINDLEY, RON	10	M	40	0.8192
PEARSON, HAV	7	M	30	0.8189
AVERECK, LARRY	10	M	40	0.8138
KROELLS, DENNIS	9	M	35	0.8078

## STANDINGS

NAME	TOT PTS	# RC
CLAY, AMY	0.4720	5 F 19
GEYER, KARMA	0.4487	5 F 19
GORRELL, MICKIE	0.3407	7 F 19
PERRIN, CHRIS	0.2045	9 F 19
ZIEGLER, JODIE	0.1782	2 F 19
GORRELL, JAMIE	0.1006	1 F 19
WILLIAMS, THERESA	0.0911	2 F 19
TILLAPAUGH, JUDY	0.9747	8 F 20
CONRAD, LINDA	0.8403	8 F 20
GETTY, SHARON	0.8226	10 F 20
HANDLIN, LYN	0.8122	8 F 20
SABRACK, CYNTHIA	0.6319	7 F 20
DEWELLS, BETTY	0.6185	10 F 20
YANKOWIAK, THERESA	0.5987	5 F 20
CONNOLLY, MARY THERE	0.4960	4 F 20
VACHON, KAREN	0.4488	6 F 20
YOUNG, JANET	0.3594	3 F 20
HOEPPNER, MARTHA	0.2362	5 F 20
FLORREICH, SABINE	0.2085	4 F 20
KING, JUTTA	0.2021	5 F 20
JOHNSON, THERESA	0.2004	2 F 20
MASON, PAMELA	0.1699	3 F 20
SIPES, SUE	0.0888	1 F 20
BOSSARD, JULIE	0.0857	2 F 20
STAIRS, KIM	0.0675	1 F 20
WEIS, ELNICE	0.0625	1 F 20
HELTON, SUSAN	0.0362	1 F 20
SCHMIDT, MARSHA	0.8375	9 F 30
WOLTERS, JOYCE	0.6784	6 F 30
WIEDALL, KATHY	0.5411	5 F 30
PUCKETT, VAL	0.5150	9 F 30
DAWSON, TERI	0.4434	4 F 30
NELSON, BETTY	0.3720	3 F 30
RICHARDSON, SIEGLIND	0.3697	6 F 30
BUTLER, JOYCE	0.3386	4 F 30
SUELZER, PHYLLIS	0.3028	3 F 30
FEHMAN, SUSAN	0.3003	5 F 30
GLASPER, DEB	0.2981	3 F 30
FLEMING, PATTY	0.2794	3 F 30
PETERSON, SUE	0.2784	3 F 30
RICKNER, LIZ	0.2623	3 F 30
SCROGHAM, BARB	0.2503	4 F 30
YODER, SHERRY	0.2247	3 F 30
KOCZERGE, ROSE MARIE	0.2074	2 F 30
PERRIN, KAREN	0.1827	9 F 30
WALLEN, CINDY	0.1727	2 F 30
GOLDEN, RHONDA	0.1689	2 F 30
GENSHEIMER, LINDA	0.1562	2 F 30
WARD, SUSAN	0.1171	1 F 30
CARNES, SUE	0.1120	1 F 30
SMITH, CATHY	0.0786	1 F 30
BELSCHNER, CHERIE	0.0693	1 F 30
MIZE, ANN	0.0625	1 F 30
WOLFE, BRENDA	0.0558	1 F 30

## STANDINGS

NAME	TOT PTS	# RC
SIMMONS, ROSEANN	0.7807	10 F 40
JAMISON, ANN	0.7321	6 F 40
FUZY, JOYCE	0.3988	10 F 40
WILSON, JULIE	0.2346	5 F 40
ASHTON, CAROL JO	0.2033	3 F 40
WILLER, BRYN	0.1758	2 F 40
TAYLOR, BONNIE	0.1565	8 F 40
KYLE, WILMA	0.1114	1 F 40
KLEINKNIGHT, SARAH	0.1029	5 F 40
GREEN, JANICE	0.0504	1 F 40
ONEIL, BARB	0.0469	1 F 40
SHIVELY, WILADENE	0.0366	2 F 40
GENSHEIMER, MAURINE	0.0345	5 F 40
PAULEY, SHARON	0.0327	8 F 40
SOHASKI, MARY HELEN	0.0252	1 F 40
GETTY, DIANE	0.0205	2 F 40
RIBAR, GLORIA	0.0161	1 F 40
NYCUM, GLORIA	0.3926	7 F 50
BURNS, JOAN	0.0820	6 F 50
SNYDER, DORIS	0.0630	9 F 50
LONGSWORTH, JEAN	0.0614	3 F 50
HYNDMAN, RUTH	0.0402	2 F 50
GLEN, KELLY	0.0324	1 F 50
LEFFERS, JEANNE	0.0230	1 F 50
MACHLAN, THERESA	0.0091	2 F 50
DUMAS, RUTH	0.0021	1 F 50
GORRELL, TIMOTHY	0.5251	6 M 14
FLOREA, STAN	0.2350	2 M 14
LINDLEY, MIKE	0.1425	9 M 14
LINDLEY, BRIAN	0.1294	6 M 14
GONGWER, JEFF	0.0954	2 M 14
CHURCH, RICHIE	0.0811	1 M 14
SQUIRES, RICKY	0.0469	1 M 14
GENSHEIMER, PATT	0.0132	2 M 14
SHEPARD, BRIAN	0.7371	6 M 15
SWINEHART, BOB	0.5046	5 M 15
MILNER, DAVID	0.4576	4 M 15
BERNING, KEVIN	0.3447	3 M 15
EBERSOLE, MATT	0.2150	2 M 15
MESSMAN, JEFF	0.1594	2 M 15
BOUMAN, PETER	0.1242	1 M 15
NIEVEEN, SCOTT	0.1021	2 M 15
GEIGER, DAVE	0.8427	10 M 20
GEIGER, MARK	0.5628	6 M 20
JOHNSON, RANDY	0.5312	6 M 20
BEAM, JEFF	0.4946	4 M 20
CLENDENEN, CHUCK	0.3657	3 M 20
BEAM, GARY	0.3521	4 M 20
KNOTT, PAUL	0.3112	3 M 20
SCHLEMMER, KEN	0.2892	3 M 20
EAGIN, TODD	0.2779	3 M 20
EDINGTON, CHRIS	0.2681	3 M 20

## STANDINGS

NAME	TOT PTS	# RC
BARCOCK, KEN	0.2443	3 M 20
CURRY, BRET	0.2244	2 M 20
WIENING, JOHN	0.2074	2 M 20
GETTS JR, LARRY	0.0809	3 M 20
CHILD'S, DAN	0.0452	1 M 20
VOTAW, KEN	0.0552	4 M 20
WILLIAMS, JERRY	0.9811	8 M 25
WALLEN, RICK	0.9451	8 M 25
DILLER, TERRY	0.9214	10 M 25
SCHENDEL, BOB	0.8927	10 M 25
KING, KENNETH	0.8818	10 M 25
SMITH, STEVE	0.8628	8 M 25
SHAFFER, PAUL	0.8627	8 M 25
BAUMAN, PAUL	0.7721	10 M 25
BEESON, JAMES	0.5096	7 M 25
GATTON, TONY	0.5080	5 M 25
BRATTLE, MARK	0.4903	7 M 25
ELLIS, LARRY	0.4779	5 M 25
NELMANN, GARY	0.4671	7 M 25
RUSHEY, JAMES	0.4471	4 M 25
KING, CALVIN	0.4178	4 M 25
LOUCKS, TOM	0.3714	3 M 25
HISNER, RANDY	0.3362	3 M 25
PECK, HARPER	0.3185	5 M 25
PEREZ, STEPHEN	0.2937	3 M 25
KUHN, JOE	0.2638	5 M 25
JOHNSON, WAYNE	0.2321	2 M 25
ROBAY, GRAIG	0.2222	4 M 25
HACK, ROGER	0.2165	4 M 25
KUHN, GARY	0.2129	3 M 25
HUDSON, DENNIS	0.2124	2 M 25
WAGNER, THOMAS	0.2025	3 M 25
TARDIFF, DON	0.1625	2 M 25
HOOTEN, GARY	0.1447	3 M 25
STEELE, GARY	0.1538	2 M 25
WYLF, TOM	0.1016	1 M 25
HEDGES, KEITH	0.0949	3 M 25
NYCIM, JOE	0.0919	1 M 25
DEFORD, CHUCK	0.0760	1 M 25
WELSSINGER, JERRY	0.0725	1 M 25
SIEMER, MARK	0.0591	2 M 25
BEAVER, DOUG	0.0351	1 M 25
SCOTT, MATT	0.0320	1 M 25
AVILA, MIKE	0.0298	1 M 25
DEWELLS, CLIFF	0.0272	3 M 25
MCBRIDE, DOUG	0.0206	1 M 25
AMSTUTZ, JIM	0.0047	1 M 25
GENSHEIMER, DAVID	0.0010	1 M 25
SUNDLING, DOUG	0.9871	10 M 30
TRELEVAN, JOHN	0.9779	10 M 30
WILSON, ROGER	0.9232	10 M 30
KALFMAN, DAN	0.8357	7 M 30
COONAN, TERRY	0.8252	10 M 30
PEARSON, HAL	0.8189	7 M 30

## STANDINGS

NAME	TOT PTS	# RC
AKSAMIT, BILL	0.7491	8 M 30
CASWELL, STEVE	0.7570	7 M 30
RIZZO, PHIL	0.7241	8 M 30
ZECK, DENNY	0.6506	7 M 30
GARCIA, VINCE	0.6122	5 M 30
CONNOR, DENNIS	0.5963	7 M 30
RUETSCHLING, DAVE	0.5843	5 M 30
PLACENCIA, ARNIE	0.5698	5 M 30
HERMAN, PAT	0.5192	6 M 30
STONEBRAKER, DENNIS	0.4800	6 M 30
MILLER, BOB	0.4445	6 M 30
KENNERK, PHIL	0.4109	8 M 30
MINNICH, DAN	0.4055	4 M 30
GILLEY, PAUL	0.4008	6 M 30
KLINGER, HOWARD	0.3812	5 M 30
MAZOCK, JERRY	0.3737	4 M 30
YONER, TOM	0.3505	3 M 30
RENZ, TOM	0.3367	3 M 30
BEUCHEL, PAT	0.3265	6 M 30
FELGER, STEVE	0.3259	6 M 30
DEXHEIMER, GARY	0.3118	3 M 30
DEMERRIT, KEITH	0.3083	5 M 30
LANE, GARY	0.3058	4 M 30
BARTON, BRUCE	0.2916	3 M 30
SABRACK, PAUL	0.2909	7 M 30
GLASSER, MIKE	0.2870	3 M 30
SHEDRON, JOHN	0.2804	5 M 30
MOORE, DAN	0.2562	3 M 30
SJELZER, PHIL	0.2449	2 M 30
FAHL, GREG	0.2372	4 M 30
BASHOR, DON	0.2298	2 M 30
TOWNSEND, BILL	0.2127	4 M 30
BOLIN, TIM	0.1851	3 M 30
THORN, FRIC	0.1751	2 M 30
MIGLIORI, BRIAN	0.1659	3 M 30
MENDEZ, MIGUEL	0.1643	2 M 30
HARRIS, ROBERT	0.1519	6 M 30
MURCHLAND, MAX	0.1441	2 M 30
ROEHLING, THOMAS	0.1429	3 M 30
ESCEBACK, RONALD	0.1404	2 M 30
HOWER, RICK	0.1392	2 M 30
DICKEY, FERROLD	0.1383	2 M 30
SULLIVAN, TIM	0.1298	4 M 30
HOCKLEY, DAVID	0.1203	1 M 30
BLOSSER, RUII	0.1190	1 M 30
GARNER, JIM	0.1155	1 M 30
SPITZIG, NORM	0.1112	1 M 30
SCHNEIDER, JEFF	0.1044	1 M 30
YOLLES, PAT	0.1032	1 M 30
MORRISON, MARK	0.1027	2 M 30
GRAHAM, GARY	0.1005	1 M 30
DIEHL, JERRY	0.0938	1 M 30
SCHMIDT, GREGG	0.0847	1 M 30
NOBLE, JERRY	0.0729	1 M 30
FOGLE, WILLIAM	0.0688	1 M 30
FAKIN, JOHN	0.0642	1 M 30

## STANDINGS

NAME	TOT PTS	# RC		
WEST, THOMAS	0.0590	1	M	30
ATKINSON, HOWELL	0.0581	1	M	30
BECKNER, ED	0.0573	1	M	30
MASON, RICHARD	0.0571	4	M	30
BOSSARD, DAN	0.0421	2	M	30
CALLAHAN, MICHAEL	0.0345	1	M	30
WORNICK, DENNIS	0.0239	1	M	30
MARLETT, JACK	0.0207	1	M	30
BROWN, STEVE	0.0171	2	M	30
LAVINE, RANDY	0.0064	1	M	30
ROBBINS, MIKE	0.9291	8	M	35
KROELLS, DENNIS	0.8078	9	M	35
WINTERS, DAVE	0.6928	10	M	35
REINKING, JACK	0.6836	8	M	35
SLEVER, RUSS	0.6614	8	M	35
RIGELMAN, TODD	0.6475	6	M	35
HENKEL, AL	0.6103	10	M	35
WISNEWSKI, PHILL	0.5919	9	M	35
ZURZOLO, MIKE	0.5857	8	M	35
RICKNER, GARY	0.5656	6	M	35
DENDINGER, TOM	0.5353	5	M	35
PAINTER, IVAN	0.5303	8	M	35
ARCHBOLD, TOM	0.4977	8	M	35
O'CONNELL, TOM	0.4974	10	M	35
GORRELL, CLIFTON	0.4847	8	M	35
WEAVER, MICHAEL	0.4663	6	M	35
GOLDTHWAITE, STEVE	0.4590	10	M	35
KIRBY, GEORGE	0.4483	9	M	35
SHIVELY, LARRY	0.4276	5	M	35
GEFFERT, ROBERT	0.4070	6	M	35
LUTTMAN, PHILLIP	0.3750	5	M	35
RUTLER, STEVE	0.3741	7	M	35
HILGER, JOE	0.3425	6	M	35
MATHER, TOM	0.3417	7	M	35
SMITH, WALLY	0.3194	6	M	35
LIPKEY, JIM	0.2977	5	M	35
REICHWAGE, DAVE	0.2856	4	M	35
PEARSON, LEE	0.2808	6	M	35
CULBERTSON, DEWEY	0.2805	4	M	35
FISCHER, TOM	0.2752	4	M	35
RAFF, JEFFREY	0.2505	8	M	35
ARMSTRONG, LYNN	0.2443	3	M	35
WILLIAMS, RANDY	0.2391	3	M	35
HASLER, ED	0.2375	3	M	35
HAMILTON, JOHN	0.2363	3	M	35
OHREGON, ART	0.2170	2	M	35
GRAWCOCK, BOB	0.2148	4	M	35
HYERS, ROBERT	0.2133	2	M	35
NOTTINGHAM, DON	0.1767	4	M	35
SMITH, DAVE	0.1682	3	M	35
PETERSON, JOHN	0.1241	2	M	35
HENDRICKS, KEN	0.1171	3	M	35
LAW, JOE	0.1023	2	M	35
KERR, ED	0.1018	1	M	35
FLEMING, TIM	0.0974	1	M	35

## STANDINGS

NAME	TOT PTS	# RC		
KOENEMAN, BRUCE	0.0903	1	M	35
JAMISON, JAN	0.0793	2	M	35
HASTINGS, JEFF	0.0772	1	M	35
SHIPLEY, TERRY	0.0674	1	M	35
MERKLER, DON	0.0654	2	M	35
ORMSBY, DAN	0.0598	2	M	35
HENDRICKS, MIKE	0.0565	3	M	35
ADAMS, CHARLES	0.0561	1	M	35
COLE, MICHAEL	0.0493	4	M	35
HELMBURGER, RON	0.0387	5	M	35
MURRAY, DAVID	0.0377	1	M	35
BELSHNER, DAN	0.0365	1	M	35
LINK, JOHN	0.0364	2	M	35
HUMBRECHT, TOM	0.0339	1	M	35
WIERSMA, ROBERT	0.0322	2	M	35
BURNS, STEVE	0.0305	2	M	35
YATES, MIKE	0.0304	2	M	35
SOPER, DAN	0.0206	1	M	35
MORTENSEN, PHIL	0.0067	1	M	35
REISING, PAUL	0.0009	1	M	35
MOTYCKA, BERNIE	0.8200	9	M	40
LINDLEY, DON	0.8192	10	M	40
AVERBECK, LARRY	0.8138	10	M	40
HUDSON, DENNIS	0.7847	10	M	40
MOTYKA, RON	0.7655	9	M	40
PLUCKETT, ROGER	0.7171	8	M	40
ANDERSON, STEVE	0.7153	10	M	40
ROYLAN, DAVE	0.6570	10	M	40
ASHTON, DON	0.5729	10	M	40
BURGETTE, BERNIE	0.5274	9	M	40
KLIENKNIGHT, RUDY	0.4444	10	M	40
ROSS, FRED	0.4251	4	M	40
MILTON, BOB	0.4143	4	M	40
OUTSHALL, DEAN	0.3825	10	M	40
DYER, JACK	0.3048	3	M	40
KRIDER, BILL	0.2816	7	M	40
WOLFF, DAVE	0.2806	5	M	40
LEE, LARRY	0.2618	4	M	40
MILLER, KEN	0.2505	4	M	40
WURST, RONALD	0.2406	4	M	40
CLAY, ROBERT	0.2324	5	M	40
WALDROP, DAVE	0.2300	4	M	40
SELLER, JIM	0.2181	3	M	40
RASMUSSEN, JOHN	0.2113	5	M	40
HEYMAN, JAMES	0.2087	4	M	40
ZINK, RICHARD	0.2056	4	M	40
ROBERTS, RANDY	0.1987	2	M	40
LEE, LAWRENCE	0.1858	5	M	40
GEABLER, RON	0.1847	4	M	40
OKOROWSKI, CHUCK	0.1798	3	M	40
BYERLEY, MIKE	0.1645	3	M	40
CALLICOTTE, JOHN	0.1459	3	M	40
WATERFIELD, RICHARD	0.1413	3	M	40
MISLER, MARK	0.1306	3	M	40
LOVELL, ROBERT	0.1304	2	M	40

## STANDINGS

NAME	TOT PTS	# RC
STACHERA, JOHN	0.1234	2 M 40
MCGOWIN, JIM	0.1160	2 M 40
KUNKEL, JERI	0.1085	1 M 40
PETERSEN, BARRIE	0.1007	1 M 40
VOIROL, DEWAYNE	0.0856	2 M 40
SMITH, J MICHAEL	0.0819	2 M 40
YANT, LARRY	0.0789	4 M 40
VACHON, JOE	0.0671	2 M 40
NOLAND, DON	0.0584	1 M 40
HAYHURST, TOM	0.0544	2 M 40
FARRELL, MIKE	0.0488	2 M 40
GARDNER, BOB	0.0416	2 M 40
BAKER, DAVID	0.0372	2 M 40
BERNING, RICHARD	0.0344	2 M 40
CLARK, KEN40	0.0324	1 M 40
MARTIN, JIM	0.0311	1 M 40
GARRETT, ED	0.0310	1 M 40
THOMPSON, TIM	0.0268	1 M 40
SWANSON, DAVE	0.0260	2 M 40
RODGERS, JOHN	0.0248	1 M 40
ROTT LARRY	0.0229	1 M 40
PER INS, JERRY	0.8639	8 M 45
STARREL, RAY	0.6877	9 M 45
FELGER, TOM	0.5401	10 M 45
ZIEGLER, JOE	0.4958	7 M 45
BARKER, WOODY	0.4956	5 M 45
MILLER, CRAIG	0.4011	5 M 45
LAIRD, TOM	0.3992	6 M 45
CLARK, KEN	0.3988	6 M 45
LAUTZENHEISER, RICHARD	0.2886	3 M 45
BRANDT, CHARLES	0.2370	3 M 45
DEEL, BRAD	0.2347	5 M 45
GENSHEIMER, BOB	0.2323	4 M 45
BROOKS, JOE	0.2303	10 M 45
MULLENDORE, GARY	0.1978	2 M 45
MORRIS, JACK	0.1832	2 M 45
JARVIS, MARVIN	0.1689	4 M 45
GILBERT, ALLEN	0.1177	3 M 45
SIVE, DICK	0.1141	3 M 45
RICHARDSON, JAMES	0.0959	4 M 45
RIBAR, JOHN	0.0901	5 M 45
ROMAIN, LOUIS	0.0836	1 M 45
HOLLE, KARL	0.0793	2 M 45
BEST, ALLEN	0.0736	1 M 45
FELLER, TOM	0.0639	1 M 45
BEARD, RON	0.0497	3 M 45
FRISBY, BOB	0.0445	1 M 45
JANTZ, DON	0.0441	1 M 45
LIEBRICH, TOM	0.0401	1 M 45
SMITH, CHARLES	0.0231	1 M 45
SHOOK, RUSS	0.0227	2 M 45
BROWER, JAY	0.0214	1 M 45
SWIFT, WILLIAM	0.0093	1 M 45
PAULEY, BOB	0.0011	2 M 45

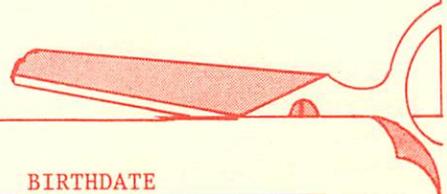
## STANDINGS

NAME	TOT PTS	# RC
MEYER, MYRON	0.7457	8 M 50
SCHMIDT, BILL	0.6510	6 M 50
GRAN, GENE	0.5992	10 M 50
GETTY, CLEM	0.5444	8 M 50
HILKER, JOHN	0.5034	8 M 50
GAUTSCH, TERRY	0.3146	6 M 50
GOBLE, JACK	0.2970	7 M 50
KAST, MIKE	0.2861	3 M 50
WHISLER, NORM	0.2500	4 M 50
SULLIVAN, KING	0.2076	8 M 50
WILSON, DAVE	0.2011	5 M 50
DITTO, CLIFF	0.1971	5 M 50
ADAMS, WENDEL	0.1939	6 M 50
BASH, HOWARD	0.1806	4 M 50
NOLD, CURTIS	0.1734	7 M 50
SNYDER, PAUL	0.1621	10 M 50
CHANDLER, HERB	0.1443	3 M 50
TOMLINSON, GILES	0.1418	2 M 50
MYERS, DONNIE	0.1300	4 M 50
FLOREICH, RUDY	0.1282	4 M 50
PEPLER, JAMES	0.1266	2 M 50
HUESING, BERNIE	0.1118	2 M 50
GILBERT, C RAY	0.1084	3 M 50
MOORE, AL	0.1068	10 M 50
BIDDLE, ELDEN	0.1003	6 M 50
STRIGGLE, GENE	0.0937	4 M 50
DEVAULT, CHUCK	0.0847	4 M 50
JONES, J P	0.0746	3 M 50
SHEETS, FRED	0.0738	2 M 50
BECKMAN, R R	0.0660	6 M 50
CHOVAN, VERN	0.0596	2 M 50
JEDINAK, JOHN	0.0560	7 M 50
DANIEL, DAN	0.0488	3 M 50
SOHASKI, BILL	0.0485	2 M 50
PHILLIPS, ROGER	0.0407	10 M 50
TURK, JIM	0.0374	3 M 50
EDRIS, JOHN	0.0344	1 M 50
HOCKENSMITH, ROBERT	0.0262	5 M 50
HIELMAN, DON	0.0227	1 M 50
ONEAL, JACK	0.0211	2 M 50
STROISE, BUD	0.0199	1 M 50
MOYER, ROSS	0.0191	3 M 50
HELMAN, DON	0.0175	1 M 50
LONGSWORTH, RICHARD	0.0173	3 M 50
WELCH, CHARLES	0.0159	1 M 50
HOUSE, RODDA	0.0090	1 M 50
WEISS, ARNOLD	0.0041	1 M 50
CODDING, LARRY	0.0032	1 M 50
WEISS, ARNOLD	0.0016	1 M 50
BURNS, PHIL	0.1712	10 M 60
HARRIS, WALT	0.0369	3 M 60
FLEETWOOD, CHET	0.0210	3 M 60

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